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VITALITY THROUGH NUTRITION

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Dan Monterio  
Catalyst Training Services Inc.  
1100-1200 West 73<sup>rd</sup> Ave  
Vancouver, BC V6P 6G5

Hi Dan,

Thanks for your email regarding the upcoming sessions for the Results Centered Leadership Course.

Having taken this course myself, I know firsthand what an excellent program it is. The course materials are put together in a clear and well-organized manner, and Dan did a great job in presenting the information. He is very knowledgeable and was able to provide us with some of his own real life experiences which brought it to life. There was plenty of encouragement for us to share our experiences, allowing everyone to enjoy the full impact of this learning experience. In particular, I found the interactive format to be beneficial in visualizing some of the cause and affect interactions between managers and their employees.

I also appreciate the correlation between the Results Centered Leadership Course and the Front Line Leadership Course for supervisors which I had participated in the previous year. It is essential that the same management style is employed throughout all levels in an organization in order to achieve a cohesive environment. Front Line supervisors need to learn how to relate to and understand individuals, and this course does a good job in showing how diversity and different styles can enhance the working environment.

Of course we continue to use the Prevue Assessment tool as I find it very effective for evaluating candidates that we are looking at to hire. It is helpful to understand individual strengths and weaknesses. I especially appreciate the suggested areas that require further exploration in the candidate. We do not hire any new key employees without having them evaluated through Prevue.

So as you can see, I am a big fan of the programs you offer, and I look forward to a long and productive relationship with Catalyst.

Best Regards,



Debbie Mitchell  
HR Manager  
Vitalus Nutrition Inc.